

DO YOU PLAN TO PLAY A FALL SPORT AT CONESTOGA?

If you plan to try out for a varsity or JV team, be prepared to participate in pre-season which begins **Monday, August 16, 2010**. Please make summer plans with this date in mind. If cuts are necessary, they are made the first week of pre-season and you **must** be present to be considered.

In order to tryout for any sport, your student must have a physical after **June 1, 2010** and completed paperwork submitted to the Conestoga Athletic Office by **August 2, 2010**. The necessary paperwork is available online at www.tesd.net/stoga. Click on "Athletics" and scroll down to the files under forms. Print the first four pages of the seven-page "Pre-Participation..." file and the sign-off sheet (Page 1) of the "Parent/Student guideline. When the forms are completed, please submit to the Athletic Office. **Do not take paperwork to the first day of tryouts to give to the coach.**

There are freshman teams for the following sports: football, boys soccer, and girls volleyball. These teams begin tryouts after school has resumed.

There will be an important meeting for all fall athletes and their parents on Thursday, May 20th in the Auditorium at Conestoga at 7PM. Come meet the coaches, ask your questions and find out all you need to know about athletics at Conestoga.